



"TO BE HAPPY, MAKE OTHERS HAPPY"

# NARAINDAS MORBAI BUDHRANI TRUST



## REPORT 2016-17



-  EDUCATION
-  HEALTH
-  COMMUNITY DEVELOPMENT



Year 2016-17 has been a wholesome year for us at NMBT. The year shaped our programs in width and depth, reshaped our thinking and infused new energy. While the focus on the participating beneficiary remained unfazed, efforts were made to enhance the systems encompassing all aspects of our work. The journey has been a very enriching experience. Taking yet another leap, NMBT moved further northwards in its quest to serve the economically marginalized. Feedback and guidance of our partners and program participants made this year a very special year for all of us by adding value to our work. We are happy to share our joy with each one of you.....

### HEALTH INITIATIVES OF N M BUDHRANI TRUST... TOUCHING LIVES....HEALING LIVES

Health... or the lack of it takes a huge toll on the lives of affected persons as well as their near and dear ones. Globally the focus has now clearly shifted from communicable diseases to non-communicable diseases, as more lives are lost to non-communicable diseases. With a focus on serving the people from the economically weaker

background, directly and through our dedicated partners, we could cover a range of services. This involved various programs to deal with health issues ranging from providing access to basic primary health care, to taking on challenges of Cancer.

1

#### CANCER CARE PROGRAM



*Rohit Rana is the only child of Raghuvir Rana, an apple of the eye of the Rana family. When his cancer relapsed for a second time, the upset father developed suicidal tendencies and his behaviour changed completely. Sensing his condition, our counsellors counselled Raghuvir Rana and motivated him to not give upon treatment. Once he was calmed down, the impact of his behaviour on the Rohit was also visible. The child is now improving & moreover, we found an enthusiastic volunteer in Raghuvir Rana. Raghuvir now motivates and guides all the new patients coming to the hospital & helps to address all their concerns and queries and also links them with our counsellors... knowing how life changing experience it has been for himself..*

Success of the Counselling Program lies in the no of smiles we were able to bring back on our patients faces. This year we extended our counselling program to the KEM Hospital. Through our planned and regular intervention we were able to reach out to a large no of patients from hospitals across Mumbai. Counselling services have gained recognition primarily on the basis that it has helped to build connect with the patients. Personalized attention to the patients problems, listening to the patients and responding to their every concern with due seriousness has been helping us motivate patients to complete their treatment cycle logically. Along with the financial assistance, this year we consciously introduced nutrition supplements for needy patients and accommodation was also provided to

the patients and their care givers on basis of their needs. Our effort always has been to provide comprehensive support for cancer patients who come from all over the country to Mumbai in search of better and affordable cancer treatment.

We realized how the provision of simple and hygienic accommodation facilities for cancer patients and their care givers does wonders. The prolonged treatment demands that patients and their caregivers stay for a longer duration of time and frequently visit the city for follow up treatment. Limited living spaces, especially for the adult cancer patients has been of a significant importance in the cancer care process. We could only learn it beyond words when patient *Labhuben's* husband *Kushal Rafukiya* came



## NARINDAS MORBAI BUDHRANI TRUST

thanking, as he and his wife were living on the streets before coming into contact with our counsellors who offered them the accomodation. This was a literally a life saver for him.... Like him, over 34 patients and care givers utilized the facility till their treatment cycle demanded it. Herceptin, a special type of Breast Cancer medication for selected patient's treatment was introduced this year with support to five specially recommended patients.

Right nutrition intake during the course of cancer treatment has a direct impact on the recovery and wellbeing of the patients. To bridge the gap between the need and the reality, this year we made a start by providing nutrition support to 165 needy patients. Going ahead we will further invest in this critical need area of cancer care, to

ensure that a larger no of patients benefit from the right nutrition education and support.

Cancer Care Program: Services at glance	
Activities	Coverage
Patients counselled	2392
Caregivers counselled	1078
Financial support	2960
Accommodation support	2202 days
Nutrition support	165 patients
Education Support	70 students
Head & Neck Cancer Patient Coverage	82 patients



Specially designed Head & Neck Cancer ward, was put in service of patient from Feb'16, -158 patients were admitted in the ward during the course of the year, who underwent surgeries and procedures. The patients were admitted on an average for a 40 day period during their course of treatment.

The Annual Get Together of the Cancer patients this year was a very heart-warming affair. 'Hygiene' as a theme of the event was entirely our patients' idea. Games, activities and deliberations were around the theme. The auditorium was enthralled with the musical entertainment program along with the ever exciting magic show that entertained children and adults all alike. The event became truly special when

many of our patients and our students from Higher Education Program came forward to volunteer in organising and managing the event.





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## "PROJECT REACH OUT" MOVING TO EAST

Affordable Cancer treatment in the eastern parts of India are almost non-existent. This actually adds to the burden on the cancer care facilities in Mumbai. Also many poor patients give up treatment half way as they find the costs unaffordable and travelling to Mumbai beyond their reach. In order to reach out to such needy patients, under the



guidance of Tata Memorial Hospital, Project Reach Out was initiated to support for Chemotherapy & Radiation for the economically weaker patients in Assam with Cachar Cancer hospital. This is a very small beginning towards ensuring that no poor patient in India, no matter where s/he lives, goes without treatment for lack of support. In this journey, we seek your support and guidance.

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## EYE CARE

India is home to over 23% of world's blind population and Cataract is the most common cause of blindness. We continue to make our contribution in this field of dire attention each year. With Naraindas & Morbai Budhrani Eye Hospital being inaugurated in August'16, in the Tribal Rayagada District of Odisha, the journey is just gaining momentum. Our effort is to reach out to the section of society that is even today distanced from this life changing basic service. Through the gift of vision, we could bring smiles in the lives of over 8122 persons. Besides this, we were part of a humbling initiative of School Eye Health Care Program covering the entire Rayagada District, where the first phase of School students screening was concluded. With the help of the Education Department, Health Department, the District Collector and active participation of school teachers, screening of over 1,54,591 students has been completed. While we have supported for free spectacles, our partner has offered critical investigation and surgeries wherever required.



### Eye Care Program: Services at glance

Activities	Coverage
Rayagada, Odisha	1957
Pune, Maharashtra	2000
Amravati, Maharashtra	48
Krishnakoil, Tamil Nadu	4007
Ocular Oncology Centre, Bangalore	110

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## COMMUNITY HEALTH & MALNUTRITION

What affects most the common person is the time and cost he has to spend to deal with the minor health problems. In urban areas where health services are comparatively accessible, the costs of treatment and medication overpowers the desire to seek intervention and in the rural areas, access and costs both are deterring factors.

Community Health Centre located in the midst of the Baroda slums has a clear focus of serving the economically weaker and marginalised sections of the society. Over the years, the centre has gained the community's goodwill and continues to offer selfless services. Attention is paid to every patient and if any patient requires further referral



and investigation, it is also supported for.

Our Bihar Community Health Centre, located in the midst of the Musahar community, has become the health provider for over 77 villages around the Masadi village. With 24x7 availability of a Doctor and trained medical staff, it offers inpatient services as well. The pathology and pharmacy services make it an all in one centre for most of the patients. Along with providing health services, imparting health education to the community is also a critical aspect of engagement for the team. During the first year of this service, the centre has reached out to 8,465 patients. Presence of a large no. of malnourished children in the region has led to evolution of full-fledged Community based malnutrition management program where over 228 children have graduated from SAM, MAM to Normal.



**Community Health Centre, Baroda: Services at glance**

Patient Coverage	TOTAL
Adults	10,046
Children	2,650

Progress of Bihar Community Health Centre	
OPD	8465
In Patient	87
Pharmacy services	8466
Pathology services	697 Patients
Institutional deliveries	10
Children screened for malnutrition	1080
SAM , MAM to Normal	228
Immunization supported	142
Vitamin "A" supplement	2832
ANC checkup	357



*Its just the right nutrition, a little care and a lot of love!*



**Day 1 -**  
**Wt. 5.1 Kg**  
*I don't like to sit up  
I got very cranky*



*I stand on my knees  
My first social smile  
has come!*



*I attempt standing*



*My walker helps me  
practice standing*



**Day 11 -**  
**Wt. 6.34 Kg**  
*Yess!! I can stand easily  
with support*

*Age: 1 and half year  
Severe Acute Malnourished baby,  
Malnutrition Program,*



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## DIALYSIS SUPPORT

Chronic Kidney Disease (CKD), is yet another growing disease where NMBT contributed Haemodialysis Machines continue to benefit 289 patients by undertaking 4,992 free dialysis for the poor and needy patients in Mumbai. We are also happy to announce that besides supporting the patients with free Dialysis, we also extended education support to eight children from the CKD affected families.



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## ANASTHESIA WORK STATION

Installation of Anesthesia Work Station at the Urology Department of BYL Nair Hospital in Mumbai, helped the Department to undertake 2,664 major & minor surgeries and procedures, of which 327 were on cancer patients. The equipment has helped to reduce the waiting period for surgeries that was affected by the non-availability of the Anesthesia Workstation in it's SSOT Unit.

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## HEART SURGERIES SUPPORT

Heart surgeries and procedures are one of the most cost intensive treatments. NMBT continues to consciously support poor and needy patients from economically weaker background. Of the 60 surgeries supported in 2016-17, 42 patients were from the rural background and 18 were pediatric cases, many identified through School Health Check up programs and extended free surgery support through our contribution.



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## SPLINT SUPPORT

Some of the orthopedic, burn and even neuro surgeries require post-operative treatment, which is non meditative but goes a long way in restoring back the limbs and body parts to the right posture. Partnership with the Occupational Therapy Department of Mumbai Municipal Corporation Hospital has helped us venture into this critical need area of support for some of the very needy patients. The timelines of support is very critical and swift processing systems are put in place to ensure timely sanctions. The project has made a start by reaching out to four needy pediatric patients.





## EDUCATIONAL INITIATIVES OF N M BUDHRANI TRUST: TOWARDS FUTURE PERFECT

Father of the Nation, Mahatma Gandhi, once said, "By education, I mean all round drawing out of the best in child and man-body, mind and spirit."

Reality check reveals that we have quite a long way to go to achieve this dream, and we must strive to make our contribution towards the same. At NMBT we are fully aware

of the fact that students seeking education form less than 35% of our population, but they are 100% of our future. Thus all our plans, and programs are geared towards providing educational opportunity to the students belonging to economically challenged background.

1

### EDUCATION SUPPORT PROGRAM

Ensuring that every child completes his secondary schooling is the one point aim of our school education program that has chosen to concentrate on the urban centres. The program is executed in Ahmedabad, Baroda and in Mumbai. We could cover 1,500 students compared to 1,206 students in the last academic year.

What we feel proud is the students who come from extremely challenging background, proved that they have capability and the determination to convert an opportunity in to gold... literally.

Of the total of 91 students who appeared for their SSC Board in 2015-16, 82 have passed and 16 students have covered over 80% marks.

Number of students seeking higher education has also grown to 138 from 68 students this year, with almost 50% students opting career in commerce. 86 of our students come from families who are battling life threatening diseases like Cancer, HIV, TB and Chronic Kidney Disease.



*Our Mumbai student, Shaikh Harshid's determined mother sells clips on the train and wants her children to pursue education. Along with Harshid, we support his sister in continuing her college education. Harshid discovered his passion for kick boxing 2 years ago. With NMBT support, he participated in the World Amateur Kick Boxing Championship held in Kolkatta and won the Gold medal... Students from six countries participated in this tournament. All the four students who participated won prizes, bagging two gold & two silver medals.. Motivated by the schools enthusiasm, we also have initiated nutrition supplement for the school school boxing team.*



#### School Education Program at glance

No. of students covered	1494
No. of Schools	110
Students covered from critical illness in the families	86



## 2

### INCLUSIVE EDUCATION FOR VISUALLY IMPAIRED

Sixty Two students continued their education under the Inclusive Education Program at Ahmednagar. While all our visually impaired students attend normal schools, they are assisted by special teachers in their academic as well as rehabilitation process which is equally important in the long run. Inclusion of special Braille teacher into the program has led to remarkable improvement in 18 Totally

Blind Students. From the start of the academic year, efforts were made to ensure that every child covered under the program, has a complete set of educational material including large print books, braille books, Audio Books etc., so that everyone is able to match themselves with the portions covered in the schools. Seven of our students appeared for the (SSC +HSC) Board exams this year.



#### **Akanksha Vairagar, 9th Std, Low Vision: Nimblak**

*From her village Nimbalk, Akanksha travels every day to Ahmednagar for three hours just to be able to study in a school that will accept her as a low vision student and does not make fun of her. With support teacher designated to her, she needs to work extra hard to learn what's taught in the school well and this endeavour of her mother is a strong pillar of support. While her vision cannot be improved, the effort is to make the best of what's available and extend her full support and encouragement so that she too can lead a better life.*

## 3

### VALUE EDUCATION PROGRAM

Shaping young minds is the biggest challenge, taken up as an exciting opportunity by NMBT through its Value Education Program (VEP) implemented with 24 schools across Mumbai & Ahmedabad covering 4,803 students. In order to ensure parent's active participation in the program, parents meetings were organised to share the rationale and the process of VEP program to unfold during the year. Parents were now prepared to answer unusual questions from the students and offered to give their full cooperation. While some did feel uncomfortable initially, they felt assured with our professionally trained counsellors dealing with the program. It was an overwhelming experience to learn how once shy, and withdrawn children, open up slowly. How children learn to

see things more objectively. They also start seeing the world through other's perspective. They think, reflect, discuss and debate on what's good and what's not.... and in the process discover themselves. Some of the feedback from the parents meeting was very encouraging to us, e.g. when they shared how children have become more conscious of personal hygiene..... they now insist on carrying handkerchiefs to school and how they decided to share useful things like pens, pencils and notebooks with students who find it difficult to purchase. To make learning fun, the program often continues beyond allocated class room sessions. This year as well Diwali Camps, Summer Camps, and nature excursions were organised.





4

EDUCATION OF MULTIDISABILITY STUDENTS



*Delay in knotting the umbilical cord led to a lot of blood loss of Pritesh Gavit, who turned so weak that he couldn't suck his mother's milk. Developmental delays became clearly noticeable at the age of 3 when Pritesh was unable to walk, had no sense of hunger and moved around aimlessly. With all hopes lost, he was admitted to the Navapur residential school... now he is 11 yrs old and when he was brought home for the vacation, parents were pleasantly surprised with his progress. He now plays with his brother, asks for food on time, even asks for egg... His parents joy is beyond words,*



It calls for people with a special mould to work for children with multi-disability. In Nandurbar region, we are happy to be associated for the education of 50 special students in a residential school, where every step towards social rehabilitation of students is a cause of celebration. Since

most of the students are Tribals, educating parents on early detection and home care proves to be a challenging task. Effort is made to provide home like care and attention to each of the student under care and follow up on the development plan made for each one of them.

5

PODIUM SUPPORT

Opportunity to improve the infrastructure facility for medical education by way of installing two digital podiums was provided to Seth G S Medical College. The digital podiums are installed in the Physiology and Biochemistry theatre of the College. It is helping the professors to explain

the concepts easily and in a detailed manner. Installation of the podiums was ensured along with proper training to all concerned professors. Every month around 45 lectures are being conducted in each theatre.





## COMMUNITY DEVELOPMENT INITIATIVES

Basic human needs take a complex shape in the context of extreme poverty. Understanding this social reality, NMBT undertakes programs which will serve the needs of persons from the economically marginalized background, being with them in their real time of need. The program is implemented by the dedicated team of volunteers of Sadhu

Vaswani Mission in the city of Ahmadabad and Baroda. Volunteers also guide the Community Health Center and work closely with students identified for educational assistance. The following activities are undertaken for the benefit of the most distressed families in the urban communities.

1

### MARRIAGE SUPPORT

Being with a poor family in the once in a lifetime event of their daughters' marriage by way of sharing a joyful marriage kit has connected us with 44 more families from Ahmedabad. Our volunteers sensitively assess each applicant and reaches out to each deserving case.



2

### RATION SUPPORT

With no one to depend on for the sustenance, some of the extremely needy people are provided with monthly ration so that they can live in a dignified manner in their homes

and are not vulnerable to society's mercy. 191 persons continue to receive individual and family ration support in the city of Ahmedabad and Baroda on a monthly basis.



*Ganesh Pahuja 42 lost his parents few years ago and got a paralytic attack. He had to move out of rented room as he was not able to pay the monthly rent. With lot of negotiations, his relatives convinced his daily wage earner brother to keep him at his place. Being totally dependent, he was never an accepted member in his family. He started spending his time in the nearby temple and visit home rarely. When he heard of NMBT ration Support, he visited the NMBT Center at Sardarnagar & was offered monthly ration kit. This has changed his position at home drastically & is now accepted member as he contributes his share of Ration and no more burden to the family.*



3

## NARI SHALA

Skill training program, linked with livelihood opportunity for the young and adult women in Baroda community, continues to function to its full capacity. This year 42 students completed their tailoring course successfully and what is worth noting here is that 14 of them earn over 6,000/- pm as an additional income, working as per timings convenient to them. The centre has over 108 students enrolled into the tailoring program who undergo training in various batches.



*Ms. Khushbu (name Changed) was assisted under NMBT's Education Support Program to complete Secondary Education. She is now continuing with her studies as a student of 2nd yr B.Com. Khushbu has joined us as a teacher in our Support Class Program, and is very popular amongst our students as a dedicated teacher.*

4

## DESTITUTE SUPPORT PROGRAM

Senior citizens who are abandoned for their age and dependency due to fragility, end up as destitutes and often suffer in silence. NMBT continues to extend support to offer dignified living to 86 seniors citizens and destitutes in care of loving partners, by taking care of their food, medication and social wellbeing. Needy cases are even picked up from

the streets, on basis of the reporting by the police given food, clothing, first aid and then brought into the institution to live a dignified lives. Last year 18 persons were happily repatriated to their families who were searching for their elders who just wandered away and lost their way.... but got reunited with the efforts of our partner.



*An unknown women of around 65 yrs old was found on Amboli Belgaon road. She was completely drenched in rain and was covered with a plastic sheet. Up-Sarpanch of Sawantwadi and his associates admitted her in Sawantwadi Kutir Hospital. On discussion it was realised that she was mentally disturbed and was living in a cremation site at village Amboli. As soon as the rainy season started, she walked from Amboli to Sawantwadi and stayed wherever she got shelter on the way. Information was shared with the local police and Sanvita Ashram, Pandur was contacted. A team from the Ashram visited the hospital, gathered information and brought her to Sanvita Ashram. Still in her own world, she lives a peaceful life under the care of dedicated staff....*



## 5 REFURBISHING OF PUNE HOSPITAL

Budhrani family has been integral part of setting up of Sadhu Vaswani Medical Complex in Pune including Morbai Naraindas Budhrani Cancer Institute. The medical complex has been rendering medical services to the suffering humanity without consideration of cast, creed or religion.

The institution underwent much needed restoration and refurbishing work. We are blessed with the opportunity to make our humble contribution towards the upgradation of the facilities in service of humanity.



### OUR PARTNERS ON JOURNEY TO SERVE THE ECONOMICALLY MARGINALISED



Aanand Niketan



Anand Vruddhashram



Andha Seva Mandal



B Y L Nair Hospital



CPAA



Gramin Vikas Bahuuddeshiya Sanstha



FBHI



IPAA



JEEVANTIRTH



Jeevan Anand Sanstha



Kabirwadi Mandir Trust



K E M Hospital



K K EYE INSTITUTE



Lotus Medical Foundation



Lotus Medical Foundation



LV Prasad Eye Institute



MAHAN Trust



Mission for Vision partners in eye care

A Public Charitable Trust



SANKARA Eye Care Institutions



SADHU VASWANI



Wadia Hospitals