



Naraindas Morbai Budhrani Trust

'To Be Happy, Make Others Happy'

Annual Report 2014

Naraindas Morbai Budhrani Trust (NMBT) was setup as a Public Trust in 2002 to carry out humanitarian programs across India that will bring about tangible change in the lives of vulnerable communities. Our programs continue to strive at alleviating poverty and strengthening livelihood options for economically weaker households through detailed assessment in response to the need of individuals and institutions. We are blessed with opportunities made available by our committed partner organizations and institutions in providing equitable education, health and developmental facilities to various underprivileged individuals across India.

2013-14 has been a year of growth in many areas for NMBT. It allowed us for new beginnings and lots of introspection. As an organization, we proactively participated in the wellbeing of our society and we are thankful to all for giving us this opportunity and directly connecting us with over 51,590 individuals including children, youth, women, aged, destitute, urban, rural, tribals of India and making them part of our family and making 2013-14 special for us. As you read this year's report, we hope you experience this growth and its processes that worked towards transforming the lives of our people, forever.....

Overview of NMBT Programs

NMBTs Education Program	School Education Project Value Education Project Inclusive Education Project Supplementary Education Project
NMBTs Health Program	Community Primary Health Care Project Mobile Health Care Project Special Treatment Support Project
NMBTs Community Development Program	Skill Development Project Destitute Support Project Disaster Response Marriage & Ration Support Project





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Value Education Project
Inclusive Education Project
Supplementary Education Project

NMBTs Health Program

Community Primary Health Care Project
Mobile Health Care Project
Special Treatment Support Project

NMBTs Community Development Program

Skill Development Project
Destitute Support Project
Disaster Response
Marriage & Ration Support Project



NMBTs Education Program:

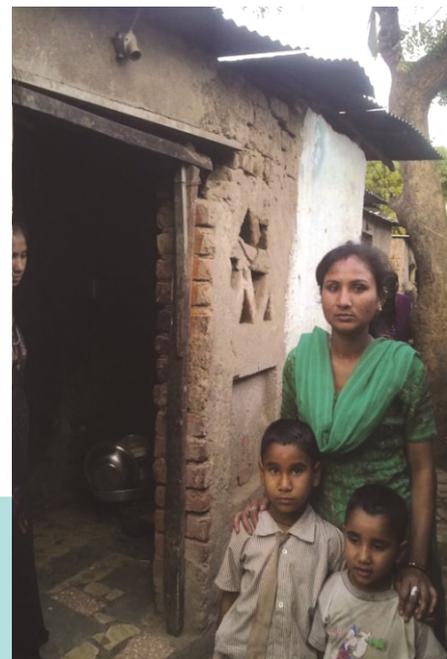
Nationally we feel extremely proud of our enrolment ratio, but multiple factors reflect that our National Dropout Rate is 40 percent at primary and 50 percent at secondary level. Across the sections of society, desire to seek education and seek good education is growing. Communities from vulnerable backgrounds know better than anybody that good education alone will elevate their poverty and sufferings.

This desire to seek education continues to motivate NMBT to explore more opportunities to ensure that children from the most disadvantaged background continue their education and also develop program that will help build a strong character for nation building. This year inclusion of visually impaired student's education, value education program along with increased coverage of school education program has helped evolve our educational intervention in a comprehensive manner.

A - School Education Support Project : to reduce the drop out rate of students from school :

The project began four years back to cater to the educational needs of Cancer affected children being provided medical help by NMBT. This was later extended to other children from economically weaker sections of Mumbai, Ahmedabad and Baroda. The help with the school fees and regular follow up with the child, the family and the school ensures the continuation of education without disruption. Students are referred by the school after which home visits are paid to assess the need of the applicants.

In the year 2013-14 our inclusion of needy students increased by over 26% and reached to 992 students from Ahmedabad, Baroda & Mumbai. Our program took significant leap in Mumbai where our coverage increased from 128 students to 429 students. As our associations with the communities grew, we could reach to a larger number of children who had the fire to complete their school education. We were overwhelmed by the burning desire of the parents who come what may, want to ensure their children complete their education. Parents doing odd jobs, single mothers, uncertain livelihood situation, living in most challenging surroundings and compelling health situation... nothing really could stop them to seek education was encouraging than this overwhelming desire for education. The launch of School Education Project this year was well organized by our partner schools and enthusiastic participation of parents made it a special event for all. The event was held over two days to ensure that no parent & student is left out.



More and more mothers are now realizing the importance of education for their children and are willing to go to any length to see to it that they have a better future. Seven year old Roshan's father, an illiterate man earned his livelihood sharpening knives and scissors. He wanted his children to follow him and felt that there was no need of education. But Roshan's mother wanted to admit them to school. However Roshan's father was very much against this and in anger drove Roshan, his mother and sibling from the house. Roshan's mother who has taken up work as a domestic help is staying separately. NMBT is supporting the school fees of Roshan and his younger brother is also enrolled in a formal school.

92 Students in all appeared for SSC & HSC exams held in March 2014 & 83 Students passed with flying colors.

City	No. of schools	No. of students
Ahmedabad	29	388
Baroda	20	175
Mumbai	26	429
TOTAL	75	992

Sonera Rahul Mohanbai with 95.98%



B - Value Education Project – preparing students to take charge of their lives:

The whole enterprise of education is intricately linked with the development of values. Education loses its heart and soul if it is devoid of the potential to nurture values. No one who attempts to depict the spirit of age in which we live can possibly overlook the importance of values in our education.

Value education helps to provide a road map to guide children and youth along a route to live a life based on moral principles which are important both in the individual as well as collective context.

Responding to the needs expressed by our partner schools as well as parents, Value Education Project was initiated with 21 selective schools at Ahmedabad, Baroda and Mumbai. Qualified and specially trained counsellors undertook the sessions with the students and feedback of the process was sought from the school management as well as parents. In our first attempt we have included 1373 students from Mumbai & Gujarat. Schools have integrated Value Education schedule in their regular timetable. The response of parents and the school management has led to organising special input sessions for all the teachers as well as parents.



The output of the six-month pilot project has been small but remarkable. On the first day of the Project when we visited the school at Ahmedabad & interacted with the students, Chetna found it hard even to introduce herself. The teacher commented harshly at her inability. We dealt with her with care & acknowledgement. During the process of imparting various sessions, she was not treated differently nor her inability acknowledged in the classroom. Besides, that, her capacities were extracted & exposed to herself.

Chetna, who could not even introduce herself in the class, led an activity for almost 10 minutes that was followed by the students of the whole class. The activity was basically an exercise for enriching facial expressions, body movements & postures, vocal fluctuations etc. It was fun filled activity for children as they enjoy making weird expressions by their face. Performing this in front of the entire class was challenging for her as she was not able to give any expression in the earlier stage. This activity as an ice breaker which really brought a huge modification in Chetna. She liked to do it as if she got an opportunity to express herself. She absorbed the whole activity in one instance only & repeated it without being conveyed another time. The students of the class were not able to express as many number of gestures as Chetna presented. Her expressions were different than the other kids, unique & valuable. As child when one gets an opportunity to express, it is the best thing that can happen sometimes. Chetna is a special case, she is now acknowledged by the teachers and the class mates. When she got a chance to express & was appreciated for her expression, her feeling of confidence & selfesteem have grown beyond imagination. Also through this example, the class learnt to appreciate her uniqueness as a person.

C - Inclusive Education Project for the Visually Impaired:

With its population of over 1 billion people, India is believed to have around 52 million visually impaired. Of these, around 11 million are children. About 35% children in India with disabilities remain out of Elementary School (District Information System for Education - DISE, 2011-12). While there is a clear need to ensure inclusion of visually impaired students in the formal education system by designing effective supportive program, a lot needs to be done in this area.

A closer look at our Eye Care Program enlightened us of this reality. Inclusive Education Project was launched which ensured that visually impaired students continued their formal education from the regular schools near their residence. Students are provided with appropriate visual aid, if required brailer, audio books, large print book and more than all a guiding, motivating, well trained passionate teacher. The teacher undertakes regular planned visit to assist students in their academics, integration needs, school issues and parental counseling & guidance. A refresher training for all the teachers was organized during the yr with the help of experts in the field to sharpen their communication skills and areas of regular working with visually impaired students including use of brailer, academics, school interaction etc.,

Due to this regular intervention, students regularly attended school, studied well and successfully appeared for their final examination. This year the entire process of appearing for the exam went smoothly for the students wherein there were no hurdles like unavailability of writer and permission for additional time which was otherwise a tedious task for each individual student.

To explore opportunities for further medical treatment, all the students and their family members have been clinically assessed from a specialized team of doctors. After the proper investigation eleven students were helped for spectacles, five children were provided low vision aid and one child was provided medical help for cornea transplant through which he has received gift of vision.



Kalyani, a resident of a small village of Ahmednagar district studying in standard VI is a low vision student misunderstood as blind. Even the teachers from the school where she was admitted felt that she should be enrolled in a school for the blind as they could not take time out for one student.

Kalyani came in contact with our project team in May 2013 when house hold survey was conducted in Ahmednagar. Immediately after the survey we started regular visit of a special teacher to bring her in to the mainstream of education. Special teacher of NMBT visited her house and school. We counseled her parents and shared that Kalyani is not blind and will be able to continue her studies with some support. We also had a discussion with the school teacher and asked them to involve her in all the school activities. During the entire process we facilitated her involvement with other children and provided necessary teaching and learning material to improve her learning. This continuous support has improved Kalyani's motivation and now her parents are also confident that their daughter has got a new vision of life.

This year 17 visually impaired students appeared for the board exams and 16 students passed the exams successfully. It's a matter of pride that despite every type of challenge Archana Wagh scored 85% in her SSC exam & Sanjivani Karjule scored 68% in her HSC.



We congratulate all of them and wish them a bright future!!!

D - Supplementary Education Project helping students study well:

Supplementary Education Program of NMBT helps children from difficult background to take on formal education with required support and lays emphasis on personality development.

The level of participation of the Tribal parents is worth mentioning here. They all got together and constructed a special place to conduct the supplementary education program.

Locally trained teachers assist students and they ensure enrolment and retention of students in the formal schools of their communities. The study center for the students has been repaired so that the space is now better and brighter. Efforts are being made to ensure that more children can be included into the supplementary education program.

Nine centers were operated covering Tribal children of Borivali National Park, Jawhar also selective children from slum communities from Baroda and Mumbai through this initiative.



Location	No. of students
Baroda	20
Mumbai	188
Jawhar	55
TOTAL	263

NMBTs Health Program:

Our National Health Policy focuses on universal access to health care with special attention to the vulnerable groups like women, children, disabled and aged but limited infrastructure and skilled personnel has had adverse impact on the vulnerable groups and further distanced them from health services.

NMBTs health care program focuses on reaching out to the most marginalized ensuring high standards of care.

A - Community Primary Health Care Project for urban poor:

Located in the midst of the communities, community clinics continue to serve a large number of people in Ahmedabad and Baroda. The timings of the clinic are set considering the convenience of women in the community. This attracts a significant percentage of female patients.

Along with offering medicines for general illness, special attention is paid to prevent seasonal fever and water borne diseases. Medical emergencies arising in the communities are attended to immediately. Doctors regularly undertake home visits especially for the old and sick patients where there is no other member in the family to get them to the clinic.



Raj Maheshwari a 6 yr old child was brought to our dispensary at Baroda with sever burn on his back side. Due to his poor financial condition, the parents did not visit the hospital but started applying toothpaste on the burned skin. When our volunteer got information about the case, the child was brought to the clinic immediately where he received regular medicine and treatment. The doctors made special arrangement for his medicines and ensured regular follow up with the child and his family. As a result, the child got completely cured.

Community Clinic:

Location	Children		Adult		TOTAL
	M	F	M	F	
Ahmedabad -1	1486	1399	3271	5408	11564
Ahmedabad -2	506	376	2287	2489	5658
Baroda	1017	1005	1804	5350	9176
Mumbai	90	118	136	313	657
Total	3099	2898	7498	13560	27055

B - Mobile Health Care Project ensuring access to health:

Ensuring access to the health care becomes a challenge due to difficult geographical terrain. NMBT assisted Mobile Health Van undertakes planned visits to the Tribal hamlets and villages in Khandala that are cut off from the main road. The mobile van covered 18 villages in a planned manner where the day and time was fixed with the villagers. Our qualified doctors ensure that each patient is attended to carefully and given medicines accordingly. In case of need, the patient is brought to the main center at Khandala where further treatment is provided. This regular effort of our doctors has helped reach 7175 poor and needy patients for whom the only source of medical aid is NMBTs Mobile Health Van.



Name of The Patient:
Guaridevi
Age: 52+
Village: Ghodpapdwadi
Ailment: Fungal infection to both the hands (treatment by Doctor under NMBT Project)



Name of The Patient:
Bapu Atmaram Helm
Age: 60+
Village: Dahigaon
Ailment: Non-healing fistula. (guided & treated by Doctor under NMBT Project)

C - Special Treatment Support Project responding to specific health needs:

1- Cancer Care Support Program:

For the last 7 years NMBT has been supporting patients taking treatment at various government hospitals in Mumbai for chemotherapy and radiation therapy.

Name of the hospital	Chemotherapy, Radiation & Supportive medicine assistance in 2013-14				TOTAL
	Children		Adult		
	M	F	M	F	
BYL Nair Hospital	46	13	230	161	450
Bai Jerbai Wadia hospital	60	30	0	0	90
LTMG Sion Hospital	119	58	0	0	177
Tata Memorial Hospital	628	201	0	0	829
KEM Hospital	58	11	18	3	90
CAMA Hospital	2	1	0	15	18
TOTAL	913	314	248	179	1654

With no time lost on extending support to the Cancer patients, continuity of patient's treatment is given special attention. Bond with cancer patients is strengthened through home visits and regular interactions.

Kashifa in 2011



With NMBT Support, Kashifa graduates from Cancer to School....

Parents of four year old Kashifa were devastated when they came to know that their only daughter had Kidney Wilm's tumor and had to undergo chemotherapy. They could not afford the treatment within their meager income.

The family resided in a rental room in Bainganwadi, one of the unhealthiest slum community in Eastern Mumbai. Her father worked with a local shoe manufacturer and earned a meager salary of Rs.3000/-p.m. NMBT's support helped Kashifa to get timely treatment. She has recovered well and is on follow up treatment.

Kashifa in June 2013



And NMBT did not just stop there. The family was provided educational support when Kashifa was enrolled in school last year. Now Kashifa a chubby and lively six year old girl is like any other child her age at present is enjoying herself going to school.



Apart from the Chemotherapy and Radiation Therapy Support we organized a fun event on 1st March, 2014 at Bajaj Bhavan for cancer patients and their relatives. Over 175 patients and relatives participated in the event. It was a great joy to see children and adults all laughing their hearts out in a fun filled event where children accompanied by parents & adults participated in the annual get together.

Our Founder Trustee Mr. D N Budhrani presided over the gathering as a Chief Guest. It was encouraging to have Dr. Sanjana, HoD Surgery Dept of BYL Nair Hospital accompanied by Mr. Patil HoD MSW Dept of BYL Nair Hospital and Partner team. On this occasion goody bags were gifted to all the participants and the event closed with smiles and message of attaining spirituality while dealing with the challenges posed by the disease. It was encouraging to get the feedback that all participants wanted to come back again for a get together.



2- Eye Care Project:

• Cataract Surgery Support:

Cataract is a leading cause of blindness and can be easily avoided if gets diagnosed and treated.

In 2013-14 we have supported 3768 free cataract surgeries across India with focus on in rural and tribal needy population where access to eye care is a major issue.

One of the significant achievements of this initiative is that it improves the opportunity to resume livelihood for most and in all most all cases it definitely reduces dependency on the other family members.

This year a special eye care programme was conducted for the inmates of Yerwada jail where 380 inmates with eye problems were screened and 278 spectacles were provided. Also 40 inmates were offered detail examination by ophthalmologist.

It was really heartening that this year we could cover 69 tribal from Melghat region of Maharashtra under our free Cataract Surgery Program and gift them a clear vision. This included a child of 13 yr.

• Pediatric Eye Care:

Through this project 5391 students from six schools of Malvani area of Mumbai were screened. Students with refractive error have been prescribed with spectacle while those needing further investigation were taken rural & tribal needy population to base hospital and offered requisite treatment. As part of the project, teachers training and parents meeting were organized pre and post eye camp to ensure their participation.



3- Heart Care Support:

During the year 60 patients from poor and needy background of rural Maharashtra underwent heart surgery. Through this support we ensure that the patients of any age, with heart ailment receive the best quality treatment and lead a healthy life post-surgery.

• NMBTs Community Development Program:

• **Skill building through Tailoring Classes:** This year 227 girls and women joined and completed the tailoring course. As the center encourages girls to practice and sharpen their skills, many girls spend their extra time in upgrading their skills. This also works as livelihood options for many enterprising women to obtain work and add to their family income. This support encourages many women to join and successfully complete the course.

• **Support to Elderly Destitute:** In our small way we have initiated support for the poor and needy senior citizens of Palghar who seek residential care in their last leg of journey. In the initial phase, we have extended support for stay, food and medical care to four elderly needy persons and look forward to cover many more persons in coming times.

- **Ration Support:** We have provided monthly ration support to 153 families in Ahmedabad and 70 in Baroda. The support is being provided to destitute senior citizens, widow or disabled persons who do not have any earning member in their family. While ration support is provided to the needy persons, an effort is made by our volunteers to motivate neighborhood to work as support system for them.
- **Marriage Support:** Provided Marriage kit support to 37 girls from Ahmedabad and 6 girls from Baroda for their marriage.

Disaster Response – Uttarakhand Flood Relief Support:

On 14th June, 2013 flash floods in the mountain state of Uttarakhand has had a profound effect on both the people living there and the pilgrims from all parts of the country who were stuck in remote villages in the districts of Uttarkashi, Chamoli, Tehri and Rudraprayag. During this calling time NMBT supported a medical camp for two months in Ukhimath Block of Rudraprayag district. Each of the village was visited minimum thrice during this two month period to ensure adequate follow up with all the patients coming to Village camp. The enthusiasm of ASHA workers from all these villages kept our entire team motivated. Also along with the village level camps, the Base camp at Ukhimath operated OPD all the time. On the special request of SDO, team visited Kalimath, Beunkhi village that is located at 40 km from Ukimath and walked mountainous path, crossing bridges through trollys to respond to the health needs of the villagers. For the locals it was a historical moment as no doctor had visited their village and it had to take a disaster of this magnitude to receive one doctor. The joy on villagers face had a medicinal effect on our team and no team member left the camp for this two month period. As part of building sustainability our intervention ASHA workers were trained in responding to disaster situation and were gifted a complementary kit inclusive of BP Apparatus to 70 of them which is vital when they deal with pregnant women in this hilly terrain and are challenged with emergency situation with very limited health services available in the region.

Reach of Uttarakhand Relief Support	Support Coverage
Villages Covered	30
Patients covered through Camp	2635
Patients covered at Base Camp	131
Schools covered with health talks	26
ASHA workers trained & supported	70



Photo Gallery:

