



# Naraindas Morbai Budhrani Trust

*"To Be Happy, Make Others Happy"*

Bi Annual Overview: April – September 2014

## STEPPING UP TO LONG TERM INSTITUTIONAL PARTNERSHIPS

### NMBT Begins New Year by setting up its first Dialysis Support Unit in Mumbai:

Chronic Kidney Disease (CKD) is emerging to be a major disease globally. One reason is the rapidly increasing worldwide incidence of diabetes and hypertension. Based on the current Indian population of 1.2 billion, even a conservative estimate of ESRD burden in India would suggest that about 16.50 lakh to 22 lakh people develop ESRD (End Stage Renal Disease) every year. Out of these, only about 10% or less receive renal replacement therapy. Understanding the sheer economic burden the disease places on the most vulnerable population, NMBT has evolved a partnership with Lotus Medical Foundation (LMF), Mumbai.

LMF is headed by Dr. Sharad Sheth, a renowned Nephrologist of Mumbai. NMBT has installed 4 latest machines at LMF so that poor and needy persons, under the Rajiv Gandhi Jeevdayee Yojana receive free Dialysis Treatment. With this support, NMBT has broadened its health program coverage and aims to offer medical relief to the economically marginalised CKD patients requiring ongoing dialysis support. The centre was



inaugurated by the Founder Trustee of NMBT Shri D N Budhrani in a simple yet heart touching inaugural program on 16th April 2014. By September end, 1929 dialysis procedures were done directly benefiting 167 patients from the economically marginalised background.



Zafar a 9th Std student and Zubeda a 7th Std student are the main supporters of their mother Samimbano a dialysis patient. Their father died 12 years ago. Moment Zafar is back from the school, he goes around to scout work and earns whatever his luck permits each day. Zubeda cooks whatever is made available by Zafar. While mother Samimbano undergoes Dialysis through NMBT support, Zafar also has to earn school fees for both of them.

On discovering this during home visit, our team immediately recommended support for both these dedicated children so that they focus on completing their studies and ensured that the children do not have to work and can study and take care of their mother.



## Ground breaking ceremony of Naraindas and Morbai Budhrani Secondary Eye Hospital, Odisha:

The Human Development Report of India 2011 states that Odisha stands as second last in the development Indicator of India (which is the cumulative of health, education and income status of the state population). Along with general health, eye care has been the most neglected sector in the state having predominantly a Tribal population. NMBT signed an MoU with L V Prasad Eye Institute to set up a Secondary Eye Hospital to address the eye health issues of the neglected population of Rayagada district of Odisha.

The ground breaking ceremony of the construction work was held on 12th July 2014. Dr. T P Das, Vice Chair – LVPEI graced the occasion along with NMBT Trustee Mr. V N Hegde. The Collector of Rayagada district was personally present throughout the ceremony. The hospital will be ready in 2015 to provide comprehensive quality eye care procedures to the needy population of the region.



## Inauguration of Cancer Counselling Centre with BYL Nair Charitable Hospital, Mumbai:

Cancer is spreading at alarmingly high rate and impacting people from all social strata. Lack of awareness, knowledge and guidance for early diagnosis, treatment, care along with social taboo further complicates the overall treatment process.

The first Counselling Centre for cancer patients by N M Budhrani Trust was inaugurated on 14th July by Dr. Bharmal, the Dean of BYL Nair Charitable Hospital. Our Trustee Mr. V N Hegde graced the occasion along with Dr. Sanjana HoD – General Surgery of BYL Nair Charitable Hospital.

The Centre's aim is to provide free counselling and guidance to all patients and care givers so that patients undergo treatment in a confident and educated manner. All their concerns, anxieties are addressed by professional cancer counsellors.





## New Operation Theatre Campus at Sankara Rural Eye Hospital at Krishnankoil, Tamilnadu:

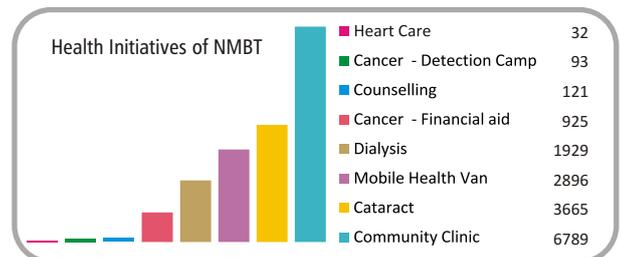
Krishnankoil Rural Eye Hospital has been in service of the poor and needy patients since 1984 and now managed by Sri Kanchi Kamakoti Medical Trust, since 2004. Along with undertaking free cataract surgeries for poor and needy patients, it has added range of eye procedures in its hospital. Though cataract surgeries are undertaken free of cost for all needy patients, the attention is always paid to ensure upholding the highest standard of quality through state of art infrastructure. We have added a new Operation Theatre Building to upgrade its facilities and slowly



help the hospital to move towards financial sustainability. The facility has been operational since mid-September 2014 and surgeries are undertaken on a daily basis.

## HEALTH INITIATIVES OF NMBT:

Health needs are growing complex and more than the immunity of the people, the strengthening of disease causing ailments has had overall impact on the well-being of the society. As a Trust, our health investment ranges from primary care to supporting complex medical procedures that threatens the survival of the economically vulnerable population. Our programs are designed to support people with knowledge and guidance as well as provide financial assistance when required. The new programs initiated in the last six month period has enabled us to offer life saving services to a large number of needy people across the various states of India.



1. **Cancer Care Program:** Ever spreading cancer disease is affecting people at a much faster pace. The Cancer Care Program helps us reach to a large number of individuals undergoing treatment at various public hospitals of Mumbai. The program has been able to support 925 patients in the past six months. Children form significantly 73% of NMBT's support base. A closer look at data of our support brings home the hard fact that number of girl children availing the cancer treatment is far lower than the boys.

Ailment	Children		Adult		TOTAL
	M	F	M	F	
Radiation	4	5	4	21	34
Chemotherapy	479	187	122	103	891
<b>TOTAL</b>	<b>483</b>	<b>192</b>	<b>126</b>	<b>124</b>	<b>925</b>

Cancer detection camp was organised in Mumbai for the police personnel and we were really happy that within a short span of 4 hrs, as many as 93 police personnel and some of school teachers got themselves tested. From the camp, cases identified for further investigation were also guided by our team.





## Small house with a Big heart



Dinesh Gupta, 13 years old, came to Mumbai along with his mother for his treatment of blood Cancer (bone marrow). He lost his father eleven years ago due to poor health. They are natives of Nepal and stay here with his uncle, Padamsingh Gupta who is a gatekeeper of a residential building in Borivali. His monthly income is Rs 5,000/- only. Dinesh had to discontinue his studies because of his disease. He regrets that he is missing out on his studies but he will join his school once he goes back to his village. Padamsingh is the only earning member out of three brothers (second brother has also passed away) and he has to support the Chemotherapy for Dinesh and other expenses as well. They lived in the building premises itself. NMBT support came as a blessing for him.

During the home visit we realised that, his house is actually the watchman's cabin room at the gate of building where this large hearted Padamsingh Gupta has given shelter to his sister-in-law and nephew. To extend an helping hand you do not need a large pocket but a thoughtful heart.

We are glad to be associated with such a large hearted person. Dinesh is a bright boy and we wish him a speedy recovery!

- Heart Care Program:** Aimed at supporting the economically marginalised population from the rural Maharashtra, the project has been able save lives of 32 patients, including 5 children during April-September 2014. Patients across rural Maharashtra benefited with NMBT's support and travelling a long distance has not deterred them for good quality care by NMBT Partner.
- Eye Care Program:** Avoidable blindness continues to impact significant number of people and quality eye care service program helps to build confidence to avail the same. We have been able to effectively provide cataract surgery support to the rural and tribal population and offer life changing experience for 3,665 people. It was really rewarding to hear when Pootchammal, 68 who works on NREGA whenever work is available decided to come back to NMBT partner hospital, for her second cataract surgery, stating that the cataract surgery she underwent 10 year ago in her left eye was very satisfactory and now for her right eye this is the obvious choice. With such clear feedback, the only way is to move forward and reach the neediest ones.
- Mobile Health Care Project:** The mobile health services continues to build inroads into the health needs of the tribal and remote rural areas of Khandala region. With assured health services, the patients found to be organising their daily



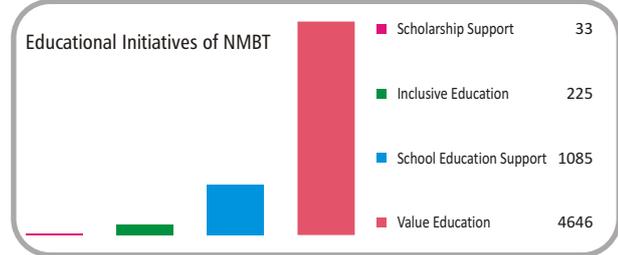
routine to avail the medical services. The mobile health care facility is optimally utilised by elders and women. During this six month period, the mobile van made as many as 228 visits in 24 villages providing health services to 2,896 patients.

- Community Clinic:** When the issues related to access and affordability and quality are as per the expectations of people at large, the utilisation of the services are bound to be optimal. NMBT's Baroda Community Clinic is the land mark of the area. In this six months period we could extend medical services for 6,789 patients of which 67% patients were women.



## EDUCATIONAL INITIATIVES OF NMBT:

This academic year we have been able to reach a larger number of student population. All our educational initiatives have grown in its length and breadth to enhance the overall quality of children's educational endeavour. Our educational program has a significant coverage of urban students reflecting the reality of urban poverty and the burning desire to have access to quality education. This has motivated us to initiate Scholarship Support Project for the senior secondary education, promoting education beyond SSC. Inclusive education project for visually impaired this year covered students from Varanasi and value education project from this academic year onwards covers students from Std. VI, VII and VIII.



- School Education Support Project:** The overwhelming support received from the parents and the schools, our program took on responsibility of reaching to even more needy students in the urban centres like Mumbai, Ahmedabad and Baroda. We are able to ensure the continuity of education, the parents and the students in turn are focusing their energies on regularity and academic performances. We are extremely proud to be associated with 1,085 students and their families through this initiative that once began with 17 students.
- Value Education Project:** With a small pilot initiative started in the last academic year the Value Education Project is well received by 4,646 students from 24 schools. From academic year beginning June'14 the students of Std VI, VII and VIII are covered. Active support of class teachers and regular parent interaction helps us stay connected with the development and positive changes amongst the students. Qualified and trained psychology graduates develop strong bond with the students and respond to the counselling needs of students by building confidence of parents.
- Inclusive Education for Visually Impaired:** Nationally over 17 lakh children are distanced from the primary education, where disability is one of major cause. Visual Impairedness pushes students, especially girls in the dark corner of the house and the project aims to give them equal opportunity to seek education and become responsible and productive citizens of tomorrow. When students and parents are provided right motivation and support, the result is marvellous. This motivated us to initiate yet another project and include over 100 new visually impaired students in the inclusive education project this year. Our support teachers visit students home and guide them in their academics in a planned manner, respond to family crises, work with schools to ensure smoother integration, provide right learning material so that student is always supported. A special interaction program with all our

students was organised where students shared their dreams and interest in pursuing education to achieve their goals in life. The event was full of sharing, expressions and we discovered how enthusiastic visually impaired students are in living life to the fullest.

- Scholarship Support Project:** Increasing cost of education, fewer state supported institutions beyond 10th Std. forces many students especially girls from economically poor families to discontinue their education. This is equally true of even in urban setting. When scholarship support for economically weaker students started this year, the girls outnumbered the boys in taking opportunity and pursuing their education beyond SSC. In our first batch of 33 students, 21 are girls. As our Trustee says, **"When you educate a girl, you build two families... the present and also a future family. An educated girl will never let her family go without education"**.



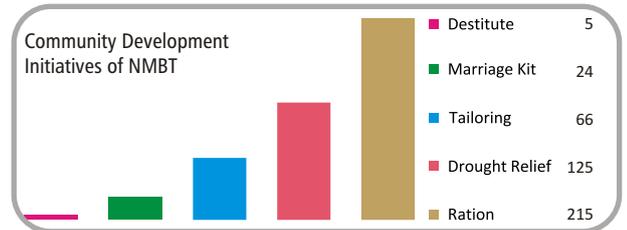
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## COMMUNITY DEVELOPMENT INITIATIVES OF NMBT:

As an organisation that has keen interest in reaching the most marginalised section of society, our program look at supporting people with other requirements as well. Five destitute elderly citizens were supported for their dignified living in an old age home. Our Ration Support program covers 225 needy beneficiaries from the poor urban settlements. The monthly holistic ration support is decided as per the size of the family and patients who cannot come to the centre due to ill health or age factor, like Gunwanti Hariram a senior citizen are ensured home delivery of ration by our Volunteers. 24 marriages from the needy families were gifted Marriage Kits well in time to contribute to the needy families so that the entire occasion is celebrated with joy and gaiety. Our skill building project for community women continues to attract girls into the tailoring classes where 66 girls are currently undergoing the training.



### Emergency Drought Relief Support:

After almost complete dry month of June 2014, Mumbai, the costal belt of Maharashtra and parts of Western Maharashtra received satisfactory rains. The state continued to face severe drought situation barring Mumbai, costal belt of Maharashtra and parts of Western Maharashtra. 1,445 villages and 3,640 hamlets struggle to collect drinking water even in the month of August 2014. The first seed plantation had already failed. Marathwada region have been worst affected by the complete failure of monsoon in 2014. The situation was certainly alarming and NMBT took up the initiative of extending the drought relief support to two unreached villages of Osmanabad district of Marathwada region. We offered 20 needy families with goats of

good breed and also ration support to needy 105 families where in the absence of a male member, the primary bread winners were women. What was amazing was the determination of these women to give back to the local organisation to contribute in their own way to support some other needy women. These women truly represent NMBT's vision of "To be happy, make others happy".

### Our Partners



## Naraindas Morbai Budhrani Trust

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